

**MASTER OF SCIENCE (MSN)
POST MASTER'S CERTIFICATE**

**Family Nurse Practitioner (FNP)
Clinical Preceptorship Handbook
OB Medicine**

INTRODUCTION

Thank you for serving as a preceptor for a graduate Family Nurse Practitioner (FNP) student from Sonoma State University. The university is located in Rohnert Park, California. Our students live in California and are committed to serving their local communities upon graduation. The clinical experiences the student will obtain in your office or clinic area are of critical importance to a successful learning experience in the program. The clinical setting is where synthesis of concepts and application of principles of primary care take place.

You are the key to successful learning experiences in the clinical setting. The FNP student will work closely with you, learning from your advice and example. Through your supervision, the student will gradually develop skills and clinical judgment necessary to become a primary health care provider.

The Preceptor handbook provides a brief description of the SSU FNP Program. It sets out the responsibilities of the student, the preceptor, and the Nursing Department. Students take Advanced Pharmacology and Advanced Pathophysiology concurrent with or prior to the clinical preceptorship. A list of topics covered in those courses is included to assist you in determining which types of patients are most appropriate for management by the student at various stages in the program. Final clinical objectives are also provided.

Welcome to the FNP Program at Sonoma State University. We are pleased that you are partnering with our faculty in the educational process of an OB/Women's Health provider, and we appreciate your contribution to our program. A certificate documenting precepting hours can be provided to you for your own continuing education records.

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PROGRAM DESCRIPTION

The FNP Program at Sonoma State University is a Master in Science and a Post MSN program for registered nurses who have a B.S. Degree in Nursing. This two-year full-time or 3-year part-time program provides the students with additional skills in physical diagnosis, psychosocial assessment, and management of health-illness needs in primary care. Health maintenance, disease prevention, and treatment of common acute and chronic problems are the focus of the curriculum. Classroom and laboratory study are combined with community-based clinical experiences. There is a three-semester preceptorship with a primary care MD, DO, PA, NP or CNM as well as additional clinical experiences in OB and pediatrics if those objectives are not met in primary care.

The SSU FNP Program meets criteria specified in Section 1484, Title XVI of the California Administrative Code; and is approved by the California Board of Registered Nursing, and accredited by the Council for Collegiate Nursing Education (CCNE). The practice of this expanded nursing role is within the stipulations of the California Nurse Practice Act and regulations related to standardized procedures and being identified as a nurse practitioner.

Definitions of Family Nurse Practitioner

A Family Nurse Practitioner is a registered nurse who, through additional study and experience is able to provide direct care to all family members. As part of FNP study, additional skills in physical diagnosis, psychosocial assessment, and management of health and illness needs in primary care are learned. The role of the nurse practitioner integrates health maintenance, disease prevention, physical diagnosis, and treatment of common episodic and chronic problems with equal emphasis on health teaching and disease management. FNPs practice in ambulatory, acute and chronic settings, functioning as members of health care teams in collaboration with physicians and other professionals.

The Masters of Science in Nursing (MSN) and the Post MSN Certificate program emphasizes advanced clinical practice with a sound theoretical and scientific basis. An understanding of the economic and ethical factors affecting health care delivery provides important perspectives for nurse practitioners in working with diverse client populations. The ability to evaluate, selectively apply and become a discerning consumer of research enables FNPs to maintain currency in scientific advances and to practice from an evidenced based perspective.

Definition of Outpatient OB/Women's Health

Primary care is the care provided at first entry into the health delivery system, as well as the management of diverse health and illness needs of individuals and families. Family Nurse Practitioners are mainly involved in providing primary care, although there are added responsibilities related to hospitalization and long-term management. The FNP graduate functions with a high level of independence and decision-making in the primary care setting in

the diagnosis and treatment of common acute and chronic illnesses, health maintenance and disease prevention, and management of normal pregnancy and well childcare.

NPs practice in consultation with physicians, usually in organized health care teams or in medical office settings. Identification of urgent and complex problems and recognition of the need for medical referral or consultation are important components of the FNP role.

Our program emphasizes a student's experience and critical thinking over a set number of hours for our OB/Women's Health rotation. Students are required to see a minimum of 40 OB patients performing more than 50% of the visit. These cases should be spread out equally over the first, second and third trimesters and postpartum. Students must also perform 10 pelvic exams/pap smears performing more than 50% of the visit.

Qualifications for a Preceptor (MD, DO, NP, CNM or PA)

- Current active free and clear California license (Medical Board, BRN, etc) including furnishing license
- Minimum of 2 years of experience in primary care setting preferred
- National Board Certification
- An updated copy of the Preceptors CV is required to be kept on file securely in our nursing department per Commission on Collegiate Nursing Education (CCNE) and State of California Board of Registered Nursing (BRN) BRN requirements. Your CV can be emailed directly to Pattie Stein, Assistant Program Director and Clinical Coordinator at steinp@sonoma.edu.

Responsibility of the Nursing Department

1. The Department will provide this packet to the students and preceptors, included is a Letter of Agreement to serve as a preceptor; this is to be signed by the actual preceptor, the FNP Program Director, and the Chair of the Nursing Department.
2. The Department will provide the coursework and laboratory experiences which are the foundation for clinical practice.
3. The Department will provide faculty who will also mentor the student and make site visits to each primary preceptor and student to evaluate the student and to assist the preceptor, as needed, in accomplishing learning objectives. The FNP Program Director and clinical faculty will be available by phone and email as needed.
4. The Department will provide materials to the student and preceptor for meeting course requirements and for evaluations.

Responsibility of the Preceptor

1. The Preceptor will provide a setting in which the student may see patients and gain experience in clinical practice.
2. The Preceptor will provide clinical teaching and supervision for the student in the process of working up and managing cases, and will follow the policies of the agency in providing the student access to all records and orders.
3. The preceptor will meet periodically with the student and faculty advisor to discuss the student's progress and learning needs.
4. The Preceptor will assist the faculty in grading the student and will complete clinical evaluation forms each semester.

Responsibility of the Student

1. The Student will perform assigned learning activities in the process of providing care to patients in the preceptorship site.
2. The Student will follow policies and procedures established in the preceptorship site, and will keep the preceptor informed about cases and learning activities.
3. The Student functions under the Nurse Practice Act statutes and regulations for expanded nursing roles, and carries a blanket liability insurance policy provided by the California State University System.
4. The Student participates in conferences with the preceptor and faculty advisor to discuss progress, problems, and learning needs.

Upon completion of outpatient OB/Women's Health preceptorship, the student will be able to:

In physical diagnosis and nurse practitioner assessment process:

1. Conduct a thorough intake history and physical exams pertinent to the new prenatal client.
2. Obtain appropriate interim history at routine prenatal visits.

3. Assess normal progression of pregnancy using standard parameters, i.e. urine dipstick, BP, fundal height measurements, fetal heart tones, fetal movements, etc.
4. Order and interpret lab studies appropriately at various stages of pregnancy.
5. Perform pelvic exams when necessary, including cultures/wet mounts, using proper technique.
6. Assess psychosocial issues affecting pregnancy, birth and parenting.
7. Assess for actual/potential complications of pregnancy.
8. At post-partum visit, gather pertinent data related to labor and delivery, problems/concerns, general adaptation and adjustment to parenting.

In management of health/illness conditions:

1. Provide patient education regarding normal physiological change of pregnancy, fetal growth and development, and diet and exercise in pregnancy.
2. Educate the patient regarding use of caffeine, alcohol, tobacco, medications or illicit drugs during pregnancy and breastfeeding.]
3. Explain lab tests or procedures being ordered. Manage common complaints of pregnancy.
4. Educate patients regarding danger signs appropriate to gestational age and/or puerperium.
5. Consult and refer patients appropriately based on history and physical exam finding/concerns.
6. Include psychosocial care and counseling as necessary.
Record accurately using problem oriented recording and/or forms when appropriate.

In role identity and professional development:

1. Interpret the role of the FNP to clients and professionals.
2. Establish a professional relationship with preceptor, staff, and clients.
3. Present cases to the preceptor in a clear, concise, and pertinent manner.
4. Accept responsibility for one's own learning