

- Assemble and transport a wide range of equipment and supplies to and from patient rooms and other clinical care areas.
- Assist patients with mobility, which may include moving patients in and out of beds, gurneys, and chairs.
- Perform nursing care in a timely and safe manner including the provision of life saving interventions and psychomotor skills such as sterile wound care, foley catheter insertion, suturing, and delivery of parenteral fluids/medications.
- Accurately assess, compute, prepare, and administer medications using oral, rectal, intramuscular, intradermal, and intravenous routes.
- Accurately document patient care on paper and in the electronic health record in a timely manner.
- Communicate with patients, caregivers, family members, and other healthcare personnel in a manner that is clear, accurate, and ensures that the plan of care is understood.
- Develop therapeutic patient and family relationships.
- Establish professional relationships with faculty, other students, staff of affiliating agencies, and members of the community.
- Express feelings and ideas in a professional manner.
- Provide and accept feedback respectfully.
- Adapt to unexpected changes and stressful situations.
- Exercise sound judgment.
- Empathize with the feelings and situations of others.
- Identify own emotional responses, be reasonably objective and maintain self-control during difficult situations.

REASONABLE ACCOMODATIONS

The Sonoma State University Department of Nursing is committed to ensuring that students with disabilities are provided reasonable accommodations. Students with disabilities who wish to request accommodations must contact the Disability Services for Students office at <http://dss.sonoma.edu/> to determine eligibility for services. While the process can be initiated at any time, reasonable accommodations cannot be implemented until eligibility has been formally established.

RESPIRATOR MEDICAL CLEARANCE

Students in the nursing programs may be required to complete respirator fit testing and wear a N95 mask. Please complete the attached medical clearance form. **Note: Not required for Post-Licensure students.**

Sonoma State University
Department of Nursing

REPORT OF PHYSICAL EXAMINATION

My signature below indicates that I have performed a complete history and physical examination on _____ (Student Name).

Based on my evaluation, the student:

_____ Meets the requirements outlined on the technical standards page.

OR

_____ Can meet the requirements listed with reasonable accommodation.

OR

_____ Cannot meet the requirements listed with reasonable accommodation.

Signature _____ Date _____

Licensed Health Care Provider

Address _____

Phone number _____

~Office Stamp Here~

**OSHA Respirator Medical Evaluation
Questionnaire (Mandatory)(Appendix C to Sec.
1910.134)**

Part A. Section 1. The following information must be provided by every employee who has been selected to use any type of respirator (please print).

1. Today's date: _____

2. Your name: _____

3. Date of Birth: _____

4. Gender: _____

5. Height: _____ ft. _____ in.

6. Weight: _____ lbs.

7. Nursing program: _____ Supervisor Name: _____

8. A phone number where you can be reached by Health Care Provider who reviews this questionnaire:

9. What is the best time to reach you at this number? _____

10. Do you know how to contact the health care professional who will review this questionnaire?

Please Circle: Yes No

11. The type of respirator you will use: **(Note: Not required for Post-Licensure students.)**

a. N95 N, R, or P disposable respirator (filter-mask, non-cartridge type only).

b. _____ Other type (for example, half- or full-facepiece type, powered-air purifying, supplied-air, self-contained breathing apparatus).

12. Have you worn a respirator?

Please Circle: Yes No

If so, what type?

Part A. Section 2. Questions 1 through 9 must be answered by every employee who has been selected to use any type of respirator (please place a check mark in the `YES or NO column).

Question	Response	
	YES	NO
1. Do you currently smoke tobacco, or have you smoked tobacco in the last month?		

2. Have you ever had any of the following conditions?		
a. Seizures (fits):		
b. Diabetes (sugar disease):		
c. Allergic reactions that interfere with your breathing:		
d. Claustrophobia (fear of closed-in places):		
e. Trouble smelling odors:		

3. Have you ever had any of the following pulmonary or lung problems?		
a. Asbestosis:		
b. Asthma:		
c. Chronic bronchitis:		
d. Emphysema:		
e. Pneumonia:		
f. Tuberculosis:		
g. Silicosis:		
h. Pneumothorax (collapsed lung):		
i. Lung cancer:		
j. Broken ribs:		
k. Any chest injuries or surgeries:		
l. Any other lung problem that you've been told about:		

4. Do you currently have any of the following symptoms of pulmonary or lung illness?		
a. Shortness of breath:		
b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline:		
c. Shortness of breath when walking with other people at an ordinary pace on level ground:		
d. Have to stop for breath when walking at your own pace on level ground:		
e. Shortness of breath when washing or dressing yourself:		
f. Shortness of breath that interferes with your job:		
g. Coughing that produces phlegm (thick sputum):		
h. Coughing that wakes you early in the morning:		
i. Coughing that occurs mostly when you are lying down:		

Question	Response	
	YES	NO
4. j. Coughing up blood in the last month:		
k. Wheezing:		
l. Wheezing that interferes with your job:		
m. Chest pain when you breathe deeply:		
n. Any other symptoms that you think may be related to lung problems:		

5. Have you ever had any of the following cardiovascular or heart problems?		
a. Heart attack:		
b. Stroke:		
c. Angina:		
d. Heart failure:		
e. Swelling in your legs or feet (not caused by walking):		
f. Heart arrhythmia (heart beating irregularly):		
g. High blood pressure:		
h. Any other heart problem that you've been told about:		

6. Have you ever had any of the following cardiovascular or heart symptoms?		
a. Frequent pain or tightness in your chest:		
b. Pain or tightness in your chest during physical activity:		
c. Pain or tightness in your chest that interferes with your job:		
d. In the past two years, have you noticed your heart skipping or missing a beat:		
e. Heartburn or indigestion that is not related to eating:		
f. Any other symptoms that you think may be related to heart or circulation problems:		

7. Do you currently take medication for any of the following problems?		
a. Breathing or lung problems:		
b. Heart trouble:		
c. Blood pressure:		
d. Seizures (fits):		

Question	Yes	No
8. If you've used a respirator, have you ever had any of the following problems? <i>(If you've never used a respirator, check the following box ☐ and go to question 9).</i>		
a. Eye irritation:		
b. Skin allergies or rashes:		
c. Anxiety:		
d. General weakness or fatigue:		
e. Any other problem that interferes with your use of a respirator:		
9. Have you ever lost vision in either eye (temporarily or permanently)?		

VERIFICATION/CONSENT STATEMENT

I verify that the information I provided in this medical history is true and complete to the best of my knowledge. I understand that this evaluation is designed to satisfy regulatory requirements and should not be considered to be a routine medical examination. ****Further, I agree to "self-report" to my instructor if changes in my medical condition that might affect my ability to work safely in a respirator.***

Full Name (Printed) *Signature* *Date*

Health Care Provider Review Use Only

Respirator Questionnaire Reviewed By :

Provider (Printed) Signature Date

- This candidate is cleared to wear this type of respirator
- Further examination required

Licensed Health Care Provider Review/Comments: